



Bobkitten Pre-Competitive Swim Academy

Welcome to Burnley Bobcats ADM 'Bobkittens'. We aim to provide a comprehensive pre-competitive swim development programme to encourage

- Water Confidence
- Swimming Efficiency
 - Water Safety
- Competitive Swimming Development
 - Skills to Use to Keep Fit

We offer 10 week blocks of lessons, with structured week by week progression to enable the learners' to progress in a structured and safe manner through their development from grassroots to pre-competitive and advanced swimming.

Time Table

Widths

Day	Tues (@ St. Peters)	Weds (@ Padiham)	Fri (@ Padiham)
Class 1 (Stage 1-2)	6.30pm – 7.00pm	6.10pm – 6.40pm	6.30pm – 7.00pm
Class 2 (Stage 3-4)	6.30pm – 7.00pm	6.10pm – 6.40pm	6.30pm – 7.00pm
Class 3 (Stage 5-6)	6.30pm – 7.00pm	6.10pm – 6.40pm	6.30pm – 7.00pm
Class 4 (Stage 7)	6.30pm – 7.00pm		6.30pm – 7.00pm

Lengths

Day	Tues (@ St. Peters)	Weds (@ Padiham)	Fri (@ Padiham)
Class 1 (Stage 7-8)		6:45pm-7:30pm	7.10pm – 7.40pm
Class 2 (Stage 7-8)			7.10pm – 7.40pm
Class 3 (Stage 8-9)			7.10pm – 7.40pm
Class 4 (Stage 8-9)			7.10pm – 7.40pm

Pre - Squad

Day	Tues (@ St. Peters)	Weds (@ Padiham)	Fri (@ Padiham)	Fri (@ St. Peters)
Pre- Squad	7.10pm – 8.10pm			
Pre-Squad	7:50pm-8:50 pm	6.45pm – 7.45pm		
Pre-Squad			7.10pm – 8.10pm	
Pre-Squad				7.30pm – 8.30pm

Widths: Development of all four strokes, inclusive of aquatics breathing, buoyancy, water safety and body awareness. Suitable for grassroots to advanced swimmers with rudimentary use of all four strokes and key skills.

Lengths: Development of all four strokes over longer distances. Development of key skills to a more advanced level (e.g. turns and dives). Begin to focus on distance awards.

Pre-Squad: Development of race skills and learning how to train. Learn to use pace clock, terminology and race rules. Enhancement of key skills to prepare for non-competitive or competitive squads.

Terms and Conditions

Payment Methods

Pay as you go: £4 per session to be paid on the door per week. If swimmer doesn't attend for two consecutive weeks, without notification of absence, place will be offered to another swimmer on the waiting list and swimmer will be placed on the waiting list to reapply for place.

Standing Order: £40 for 10 week block of sessions. Swimmer's place will be secured for that 10 week block, however if non-payment occurs within 2 weeks of next block of lessons, without notification, then swimmer's place will be offered to another swimmer on the waiting list and swimmer will be placed on the waiting list to reapply for place. Payments must be accounted for before the first week of the new block.

Club Bank Details

Bank Sort Code: 404680; Account Number: 91156241; Reference: **PLEASE INCLUDE THE NAME OF THE SWIMMER**

Teacher Feedback

Teachers will be available for feedback after swimming lessons. Alternatively lead teacher (Craig Lord) will be available throughout lessons or alternatively can contact Burnley Bobcats ADM Swimming Club via email. Please be aware teachers cannot be held for too long as they must be able to teach their respective lessons and may choose to organise a more convenient time for feedback and queries at a more time convenient period.

Swimming Assessments and Class Movement

Specified assessment weeks will occur at the end of every 10 week course, with feedback to be discussed between the coaching staff and decisions on swimmer movement will be decided by the coaching staff. Parents will be notified of class movements via email, with any queries to be forwarded to the email address for clarification for the next steps.

Cancellation of Lessons

If a swimmer no longer wants to attend swimming lessons, please can parents commence the following steps

Pay As You Go: Notify the club via email or on the door to ensure your child's place is not withheld and can be offered to a swimmer from the waiting list

Standing Order: Notify the club via email or on the door to ensure your child's place is not withheld and can be offered to a swimmer from the waiting list. Please notify the club within the first two weeks of a block for the remaining weeks to be refunded, or payment for that block will not be able to be refunded after this period.

Booking and Waiting List

A booking form must be completed and emailed or handed into the person on the door at a club session. The swimmer will be placed onto the waiting list, where a place will be offered for the swimmer when a place in an appropriate class will be made available. Contact will be made via email or telephone.

Club Contact Details

Head Coach: Noel Horton

Assistant Head Coach: Craig Lord

Head of Development: Francis Livesey

E: burnleybobcats@gmail.com

T: 07455 351 771